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Several lines of faint, illegible text are visible at the bottom of the page, possibly representing a footer or a caption.







[The main body of the page contains several lines of text that are extremely blurry and illegible. The text appears to be organized into paragraphs, but the individual characters and words cannot be discerned.]

[The bottom section of the page contains a few lines of text, possibly a signature or a footer, which are also illegible due to blurriness.]







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the 1990s, the number of people with a mental health problem has increased.

There are a number of reasons for this increase. One of the main reasons is that people are living longer. As a result, people are more likely to experience mental health problems in old age.

2.1.1. The impact of mental health problems

2.1.1.1. Prevalence

The prevalence of mental health problems in the UK is estimated to be 10.4% (Mental Health Foundation, 2007). This means that approximately 10.4% of the population have a mental health problem.

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2.1.2. The impact of mental health problems

The impact of mental health problems is significant. People with mental health problems are more likely to experience physical health problems, such as heart disease and diabetes.

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