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Figure 1. Percentage of total energy expenditure from fat oxidation over time for 100% (solid line), 50% (dashed line) and 25% (dotted line) groups.

Values are mean \pm SEM. * $P < 0.05$ compared with 100% group. † $P < 0.05$ compared with 50% group. ‡ $P < 0.05$ compared with 25% group.

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1. The first part of the document is a title page.

2. The second part is the main body of the document.

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6. The sixth part is the index of the document.

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19. The nineteenth part is the list of definitions of the document.

20. The twentieth part is the list of acronyms of the document.

1. *Phragmites* (Common Reed)
 2. *Scirpus* (Sedges)
 3. *Cyperus* (Sedges)
 4. *Eleocharis* (Sedges)
 5. *Sparganium* (Sedges)
 6. *Sagittaria* (Arrow Arise)
 7. *Najas* (Mosses)
 8. *Chara* (Charophytes)

9. *Algae* (Algae)
 10. *Fungi* (Fungi)
 11. *Protozoa* (Protozoa)
 12. *Plants* (Plants)
 13. *Animals* (Animals)

Group	Members
1. <i>Phragmites</i>	<i>Phragmites australis</i>
2. <i>Scirpus</i>	<i>Scirpus americanus</i> , <i>Scirpus setaceus</i>
3. <i>Cyperus</i>	<i>Cyperus tenuis</i> , <i>Cyperus tenuis</i>
4. <i>Eleocharis</i>	<i>Eleocharis acicularis</i> , <i>Eleocharis acicularis</i>
5. <i>Sparganium</i>	<i>Sparganium angustifolium</i> , <i>Sparganium angustifolium</i>
6. <i>Sagittaria</i>	<i>Sagittaria arifolia</i> , <i>Sagittaria arifolia</i>
7. <i>Najas</i>	<i>Najas communis</i> , <i>Najas communis</i>
8. <i>Chara</i>	<i>Chara vulgaris</i> , <i>Chara vulgaris</i>
9. <i>Algae</i>	<i>Chlorella</i> , <i>Chlorella</i>
10. <i>Fungi</i>	<i>Aspergillus</i> , <i>Aspergillus</i>
11. <i>Protozoa</i>	<i>Amoeba</i> , <i>Amoeba</i>
12. <i>Plants</i>	<i>Algae</i> , <i>Algae</i>
13. <i>Animals</i>	<i>Amoeba</i> , <i>Amoeba</i>

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1. The first part of the document discusses the importance of maintaining accurate records of all transactions and activities related to the business. It emphasizes the need for transparency and accountability in financial reporting.

2. The second part of the document outlines the various methods and techniques used to collect and analyze data. It covers both qualitative and quantitative research approaches, highlighting the strengths and limitations of each.

3. The third part of the document focuses on the interpretation and analysis of the collected data. It discusses how to identify trends, patterns, and correlations within the data set, and how to draw meaningful conclusions from the findings.

4. The fourth part of the document provides a detailed overview of the results and findings of the study. It includes a comprehensive summary of the key findings, supported by relevant data and statistical analysis. This section also addresses any limitations or challenges encountered during the research process.

5. The fifth part of the document discusses the implications and applications of the research findings. It explores how the results can be used to inform decision-making, improve business operations, and contribute to the broader field of knowledge in the industry.

6. The sixth part of the document provides a conclusion and final thoughts on the study. It summarizes the main points and offers recommendations for future research and practice.

7. The seventh part of the document includes a list of references and sources used throughout the study. It provides a comprehensive list of the academic and professional literature that informed the research, ensuring proper attribution and allowing readers to explore the topic further.

8. The eighth part of the document contains a list of appendices and supplementary materials. These include additional data, charts, and tables that provide further detail and support for the findings presented in the main text.

9. The ninth part of the document provides a list of contact information for the author and the research team. This includes email addresses and phone numbers, allowing interested parties to reach out for more information or to request copies of the report.

10. The tenth part of the document includes a list of acknowledgments and a list of contributors. This section expresses gratitude to the individuals and organizations that provided support, resources, and assistance throughout the research process.

11. The eleventh part of the document contains a list of footnotes and endnotes. These provide additional information and references related to the main text, ensuring that all relevant details are included and properly cited.